



Volunteers
of America®

OHIO & INDIANA

WISH LIST

Food Pantry

Help Those in Need in Your Community

Through our food pantries, we provide food to more than 7,000 families and individuals who struggle to put food on the table. These programs are supported by donations from the community. Donate the items below, or enlist your friends and neighbors and hold your own donation drive. These will go straight to individuals and families in need to help them get back on their feet.

Items Needed

- Meals in a can (stew, chili, soup)
- Tuna and canned meat high in protein
- Canned or dried beans
- Peanut butter
- Canned foods with pop-top lids (nuts)
- Low-sugar cereals
- 100% fruit juices
- Canned fruit packed in juice
- Dried fruits
- Canned vegetables (low salt)
- Honey
- Jelly and jam
- Powdered milk
- Applesauce
- Rice and rice mixes
- Canned and dry pasta
- Oatmeal
- Granola bars
- Flour
- Infant formula
- Baby food vegetables and fruit
- Household items (toiletries, cleaning supplies, diapers)

For more information, please contact:

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Offer Hope
Restore Dignity
Transform Lives